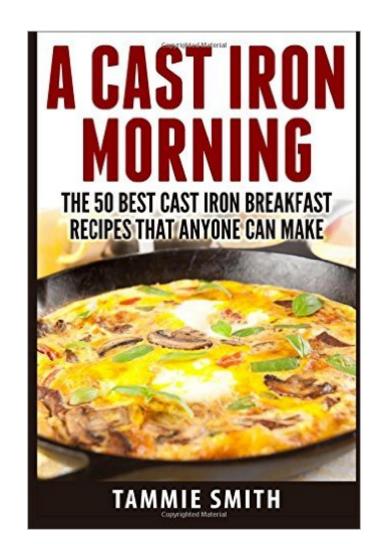
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# A Cast Iron Morning: The 50 Best Cast Iron Breakfast Recipes That Anyone Can Make





## Synopsis

If you own a cast iron skillet, then you know that itâ <sup>™</sup>s one of the most multipurpose pieces of cook ware in your kitchen. You can easily cook any type of food by putting all the ingredients in one pan. Then you can either cook on the stove top or use this same pan by baking in the oven. With this concept and a good recipe book, you can make quick and easy healthy and delicious breakfasts in your cast iron skillet. Donâ <sup>™</sup>t we all agree that breakfast is the most important meal of the day? Inside you will find my Cast Iron Breakfast favorites with nutritional information included ... ENJOY!!

## **Book Information**

Paperback: 66 pages Publisher: CreateSpace Independent Publishing Platform (June 3, 2015) Language: English ISBN-10: 1514109026 ISBN-13: 978-1514109021 Product Dimensions: 6 x 0.2 x 9 inches Shipping Weight: 5.3 ounces (View shipping rates and policies) Average Customer Review: 4.3 out of 5 stars Â See all reviews (22 customer reviews) Best Sellers Rank: #580,299 in Books (See Top 100 in Books) #59 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Cast Iron #173 in Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Breakfast #926 in Books > Cookbooks, Food & Wine > Special Diet > Paleo

#### **Customer Reviews**

Too bad has decided to rip me off for \$50.00 when I have ordered tons of stuff from them since 2005. I am not longer an customer now. They never sent a gift card I purchased and when I called about they put the money back in my account. They then took it from my account before I could use it and put it in a total strangers account and refuse to refund me. BEWARE. It is impossible to reach anyone. No one speaks English. When I finally got someone after literally hours on the phone I still did not get any help. They lost a lot more than \$50 when they lost me as a customer and I will be sure to let everyone know about this too. It is the principal of the matter. They did not have my permission to put in this persons account and I did not purchase for this person. IT IS NOT RIGHT.

Great recipes.. But not out of the ordinary. Very good cooking utensil. I was a bit thrown off by the title with me being a "black pot" enthusiast whose idea of cast iron expands to other forms of cast

iron cooking utensils. The description of skillet would've been helpful to me in choosing titles to read. The cover photo was a hint, but...

If you own a cast iron skillet, you need this book!! Heck, if you don't own one buy this book and then get to the store and get a skillet! My mom use to rave about making dishes in cast iron skillets and how amazing the food tasted. She passed down a few of her skillets to me and I purhcased this book, glad I did!!! The family now raves about the morning dishes I have been making!! If you are looking for breakfast recipes that your family will rave about, do not skip on this book!!!

Another great cast iron recipe collection from Tammie Smith- I have become a big fan! If maintained properly, cast iron gives food a flavor that nothing else can. Who can ask for better than one-skillet meals? Makes Mom's life easier, thats for sure.

Allot of people don't realize how easy it is to cook a full meal with a cast iron pan. This book has so many great breakfast recipes that you can make in a cast iron pan. This is a great addition to my cast iron cook books.

They have some amazing Breakfast recipes in this book, I've been trying these recipes for about a week and they are delicious. This book is one of my favorite cook books. The recipes are pretty simple to make.

I absolutely adored this book. Really easy layout, easy recipes (I am a terrible chef). Highly recommended.

Really beautifully laid out book with excellent recipes.

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